

REST STOP STANDARD OPERATING GUIDELINES

Here are guidelines for making running a rest stop an enjoyable experience. It is recommended that each team conduct reconnaissance no later than the day before the event to become familiar with the rest stop location. Waiting until the morning of the event, often results in trying to find a rest stop in the dark. Location details and grid coordinates are at the end of this document. The event date is the Third Saturday in September.

Rest Stop Teams are encouraged to find a business or organization to help sponsor or even help with the rest stop. Rest Stop Teams are encouraged to put a sign up at the rest stop identifying who is sponsoring the rest stop.

The race starts at 8:00 a.m. from Rochford. The first couple of rest stops need to be set up before the race starts. The remaining rest stops could probably make it to the start for a very short opening ceremony at the start of the race; however, they will need to quickly get to their rest stop so that they are ready in case we have any serious runners. Mandatory setup times are located at the end of this document.

Two to three weeks prior to the event, the race committee will provide all rest stop coordinators an accurate number of those registered for the march. At a minimum Rest Stops need enough water, Powerade or Gatorade and cups for about 200 people. Most everyone will stop to have a cup or two of each at every rest stop. Some will fill their camel backs at your rest stop so Rest Stops may need more fluids than a glass or two per marcher. Other items to possibly have that are popular are apples, oranges and bananas. Rest Stop Teams can have whatever other food or snacks Rest Stop Teams want. Trail Mix and Oreos are favorites. The further into the race the marchers go; the hungrier the marchers get and the more they want more solid foods. Moist towelettes or hand wipes are a nice touch.

We ask each rest stop to bring their own garbage bags / garbage cans. Place at least one garbage bag or garbage can quite a few yards down the trail so that those who take snacks and continue to march, can throw their garbage away and not have to carry it. We want to leave the trail clean, the way we found it.

Marchers would appreciate having a dry place to sit to change their socks or take care of their feet. We suggest having a tent and some folding chairs and a folding table to put supplies on is helpful. There will be porta-potties or outhouses at every rest stop.

Bicyclers will follow the last marcher, when the cyclists arrive, Rest Stop Teams can pack up their rest stop. The cyclists will be picking up mile marker signs, garbage and race timing chips from marchers that may drop out. We kindly ask that the rest stops help us out by taking the signs and any garbage from the cyclists and transport them to the finish.

The cyclists will let Rest Stop Teams know if someone has dropped out and needs medical support. Rest Stop Teams may have to transport someone who has dropped out or needs medical attention. The closest hospital is in Deadwood. Rest Stop Teams should make sure Rest Stop Teams know the hospital's location, **Lead Deadwood Regional Hospital** (605) 722-6101. Rest Stop Teams can always call 911.

Once Rest Stop Teams have cleaned their rest area they are encouraged to move onto another rest stop. Ask that rest stop if they need help or are running out of food or drink. We believe most rest stops are going to be self-sufficient but will not know for sure until the day of March. Each Rest Stop Team is encouraged to go to the finish and cheer the marchers on as they finish the march.

Try not to provide any medical support unless Rest Stop Teams have someone medically qualified at their rest stop. Our goal is to have qualified medical personnel at each rest stop. The web site instructs marchers to have their own supplies to take care of their feet. If a Rest Stop Team wants to provide some medical supplies for marchers, that is their call.

Once registration is open, we ask each Rest Stop Team to register as **Full and Mini March Volunteers**. To register go to [Black Hills Veterans March and Marathon Volunteer Registration](https://www.blackhillsveteranmarch.org) Alternatively, Rest Stop Team can navigate from the home page, use the following steps. www.blackhillsveteranmarch.org. “Volunteer” “Full and Mini March Volunteers” “26.2 Mile Support-Rest Stops/Water Stops.” Rest Stop Teams will be at the “Volunteer Info” landing page. It is required that each member of a rest stop team create an account and register individually. **IMPORTANT:** Rest Stop Team Volunteers need to indicate their rest stop number and t-shirt size. This ensures the committee will order the proper sizes and quantities of T-shirts. Rest Stop Teams can have as many volunteers as desired/needed.

Finally, we want the Rest Stop Teams to have fun too!! Like anything else: the more the Rest Stop Teams puts into it, the more they will get out of it. So, plan to decorate, dress up in costumes, and/or play music at the Rest Stops. We try to pick a theme each year and award a plaque to the best rest stop at our awards Ceremony at the end of the day. So, it is important to make sure the rest stop is clearly marked by its rest stop number and unit or organization name. Volunteers at rest stops do more than hand out water, snacks or food. They are also cheerleaders for the marchers encouraging them to march on.

The awards ceremony is at 5:00 p.m. at the finish line in the Rodeo Grounds. A meal is provided for all marchers and volunteers starting at about 1300 on the Saturday of the event. We use the registrations numbers (volunteers and marchers) to project how much food.

If Rest Stop Teams have any questions, they can email bhvmreststops@gmail.com to discuss.

Rest Stop Locations

Rest Stop #1

Located at the intersection of Rochford Road and Nahant Road, Take 85 South out of Deadwood and pass through Lead. At the junction of 85 South and Highway go south 3.4 miles to Rochford Road.

From the intersection of highway 14A and Rochford Road drive 9.9 miles.

Approximate GPS Coordinates **Latitude 44.180388, Longitude: -103.758144**

Approximately six miles into the race and approximately twenty miles left. This rest stop must be set up no later than thirty minutes after the start of the race.

Rest Stop #2 Dumont Trailhead.

Located at the intersection of Rochford Road and Juso Road, take 85 South out of Deadwood and pass through Lead for 2 miles. At the junction of 85 South and 14A go south 3.4 miles to Rochford Road.

From the intersection of Highway 14A and Rochford Road drive 6 miles.

Approximate GPS Coordinates **Latitude 44.227980, Longitude-103.786082**

Approximately ten miles into the race and approximately sixteen miles left

This rest stop must be set up no later than forty five minutes after the start of the race.

Rest Stop #3

Located at the intersection of Rochford Road and Rochford Ridge Road

Take 85 South out of Deadwood and pass through Lead for 2 miles.

At the junction of 85 South and 14A go south 3.4 miles to Rochford Road.

From the intersection of Highway 14A and Rochford Road drive 3.9 miles.

Approximate GPS Coordinates **Latitude 44.251009, Longitude -103.796768**

Approximately twelve miles into the race and approximately fourteen miles left

This rest stop must be set up within one hour after the start of the race.

Rest Stop #4 Englewood Trailhead

Located at the intersection of Englewood Road and Brownsville Road

Take 85 South out of Deadwood and pass through Lead for 2 miles.

At the junction 85 South and 14A go south 3.4 miles to Rochford Road.

From the intersection of Highway 14A and Rochford Road drive .4 miles to Brownsville Road.

At Brownsville Road turn left and drive .7 miles.

Approximate GPS Coordinates **Latitude 44.296901, Longitude -103.784591**

Approximately sixteen miles into the race and approximately ten miles left

This rest stop must be set up within one hour after the start of the race.

Rest Stop #4.5

Intermediate Rest Stop

Take 85 South out of Deadwood and pass through Lead for 2 miles.

At the junction 85 South and 14A go south 2.8 miles.

Turn left on Powder House Trail go 0.4 miles.

Turn left on Rubys Way go 0.1 miles

Turn right on Water House and go 0.2 miles. A pump house will be at this location. Rest Stop Teams can park here and walk in or use a 4-wheel drive to continue to the trailhead/rest stop.

Waterhouse road turns into a fire trail. Follow to the fork and turn right on Ridgewood Trail.

Follow for about 0.7 miles.

Approximate GPS Coordinates **Latitude 44.320179, Longitude -103.776872**

Approximately nineteen miles into the race and approximately seven miles left

This rest stop must be set up within one hour after the start of the race.

Rest Stop #5 Kirk Trailhead

Kirk Trailhead

Leaving Deadwood take Highway 385 South to Kirk Road (.3 miles), turn right on Kirk Road and drive 1.7 miles to Yellow Creek Road. Turn left on Yellow Creek Road, turn right at railroad crossing sign.

Approximate GPS Coordinates **Latitude 44.342638, Longitude -103.758042**

Approximately twenty-one miles into the race and approximately 5.2 miles left

This rest stop must be set up within one hour and thirty minutes after the start of the race.

Rest Stop #6 Deadwood Trailhead

This is the Sherman Street parking lot. Located at the intersection of Sherman Street and Charles Street.

Approximate GPS Coordinates **Latitude 44.371194, Longitude -103.727599**

Approximately 24.5 miles into the race and approximately 1.66 miles left

This rest stop must be set up within two hours after the start of the race.

Updated July 1, 2025

Finish Line

Deadwood Rodeo Grounds (76 Drive), North end of Deadwood.

Approximate GPS Coordinates **Latitude 44.385125, Longitude -103.718288**

End of event 26.2 miles into the race

This rest stop should be set up within two hours after the start of the race.